

WEEK ONE

AVALAIBLE DAILY - SELF SERVICE BAR Salad bar, fruit bar, homemade breads & water.



Monday

MAIN MEAL

Pepperoni Pizza GLUTEN/MILK/MUSTARD/SOYA

VEGGIE MEAL

Margherita Pizza GLUTEN/MILK/SOYA

SIDES

Baked Jacket Wedges Sweetcorn & Carrots Homemade Bread GLUTEN

DESSERT

Banana Flapjack GLUTEN

JACKET POTATO FILLINGS

Baked Beans

Cheese

Tuna Mayo

EGG/FISH

SANDWICH OR PANINI

Ham

GLUTEN/SOYA Cheese

GLUTEN/MILK/SOYA

Tuna Mayo EGG/FISH/GLUTEN/SOYA

Tuesday

MAIN MEAL

Bangers & Mash GLUTEN/MILK/SULPHITES

VEGGIE MEAL

Veggie Bangers & Mash

SIDES

Mashed Potato MILK Peas & Carrots Gravy

Homemade Bread GLUTEN

DESSERT

Vanilla Sponge & Custard

JACKET POTATO

FILLINGS

Baked Beans

Cheese

Tuna Mayo EGG/FISH

SANDWICH OR PANINI

Ham

GLUTEN/SOYA

Cheese

Tuna Mayo

EGG/FISH/GLUTEN/SOYA

Wednesday

MAIN MEAL

Roast Chicken Dinner with Yorkshire Pudding

SIDES

Roast Potatoes Roasted Root Vegetables

Gravy

Homemade Bread GLUTEN

DESSERT

Chocolate Crunch

VEGGIE MEAL

Veggie Roast Dinner

SANDWICH OR PANINI

JACKET POTATO

FILLINGS

Baked Beans

Cheese MILK

Tuna Mayo

EGG/FISH

Ham

GLUTEN/SOYA

Cheese

Tuna Mayo

EGG/FISH/GLUTEN/SOYA

Thursday

MAIN MEAL

Pasta Bolognese

VEGGIE MEAL

Tomato Penne Pasta GLUTEN

SIDES

Garlic Bread - GLUTEN Pasta - GLUTEN

Green Beans & Broccoli Homemade Bread GLUTEN

DESSERT

Iced Cupcakes GLUTEN/MILK/EGGS

JACKET POTATO

FILLINGS

Baked Beans

Cheese

Tuna Mayo EGG/FISH

SANDWICH OR PANINI

Ham

GLUTEN/SOYA

Cheese GLUTEN/MILK/SOYA

EGG/FISH/GLUTEN/SOYA

Tuna Mayo

Friday

MAIN MEAL Fish & Chips

GLUTEN/FISH

VEGGIE MEAL

Cheese & Tomato Panini

SIDES

Chips

Baked Beans or Peas Homemade Bread GLUTEN

DESSERT

Chocolate Brownie GLUTEN/MILK/EGG

JACKET POTATO FILLINGS

Baked Beans

Cheese

Tuna Mayo EGG/FISH

SANDWICH OR PANINI

Ham

GLUTEN/SOYA Cheese

GLUTEN/MILK/SOYA

Tuna Mayo EGG/FISH/GLUTEN/SOYA

Remember to drink plenty of Water with your lunch.

kerئدر VOUI from Holden!

Allergen Coding:

ALLERGENS ARE IDENTIFIED UNDERNEATH EACH DISH - NOTE ALL PANINI CHOICES CONTAIN MILK