THE POSITIVES

WEEK TWO

AVALAIBLE DAILY – SELF SERVICE BAR
Salad bar, fruit bar, homemade
breads & water.

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Monday

MAIN MEAL
Italian Beef Lasagne
GLUTEN/MILK/MUSTARD
MAY CONTAIN EGGS

VEGGIE MEAL
Veggie Lasagne
GLUTEN/MILK/CELERY
MAY CONTAIN EGG

SIDES
Garlic Bread *(GLUTEN)*
Pasta *(GLUTEN)*
Peas & Sweetcorn
Homemade Bread *GLUTEN*

DESSERT
Oaty Apple Crumble &
Custard *MILK/GLUTEN*

JACKET POTATO FILLINGS
Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI
Ham
GLUTEN/SOYA
Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA

Tuesday

MAIN MEAL
Home-made Sausage Roll
GLUTEN/MILK/EGG/SULPHITES

VEGGIE MEAL
Cheese & Tomato Pizza
GLUTEN/MILK

SIDES
Chips
Baked Beans or Peas
Homemade Bread *GLUTEN*

DESSERT
Fruit jelly

JACKET POTATO FILLINGS
Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI
Ham
GLUTEN/SOYA
Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA

Wednesday

MAIN MEAL
Roast Chicken Dinner
with Yorkshire Pudding
GLUTEN/EGG/MILK

VEGGIE MEAL
Veggie Roast Dinner
GLUTEN/EGG/MILK

SIDES
Roast Potatoes & Gravy
Carrots & Cauliflower
Homemade Bread *GLUTEN*

DESSERT
Chocolate Sponge with
Custard
GLUTEN/EGG/MILK

JACKET POTATO FILLINGS
Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI
Ham
GLUTEN/SOYA
Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA

Thursday

MAIN MEAL
Chicken Korma
CELERY/SOYA

VEGGIE MEAL
Vegetable Curry

SIDES
Plain Rice
Naan Bread
Green Beans
Homemade Bread *GLUTEN*

DESSERT
Lemon Drizzle Cake
GLUTEN/EGG

JACKET POTATO FILLINGS
Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI
Ham
GLUTEN/SOYA
Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA

Friday

MAIN MEAL
Fish Fingers
FISH/GLUTEN

VEGGIE MEAL
Cheese Sausage Roll
GLUTEN/MILK/EGG

SIDES
Chips
Baked Beans or Peas
Homemade Bread *GLUTEN*

DESSERT
Ginger Biscuit
GLUTEN

JACKET POTATO FILLINGS
Baked Beans
Cheese
MILK
Tuna Mayo
EGG/FISH

SANDWICH OR PANINI
Ham
GLUTEN/SOYA
Cheese
GLUTEN/MILK/SOYA
Tuna Mayo
EGG/FISH/GLUTEN/SOYA

Remember to eat plenty of **Salad and Fruit** with your lunch.