



Adv4nce Football Academy Expert Football Coaching

At Adv4nce Football Academy, our aim is to develop and progress each individual by teaching them the basics of football and helping them reach the next level, regardless of starting ability!

All sessions held on the brand new
3G floodlit pitch at Roe Lane Playing Fields, ST5 3PH



OUR SESSIONS



SUPER SIXES

Created specifically for 4, 5 & 6 year olds, Super Sixes is the perfect introduction and development session for young footballers.



MONDAY NIGHT FOOTBALL

A fun and engaging football session for children of all abilities. Weekly sessions themes, lots of games, fun and with no pressure.



GOALKEEPER DEVELOPMENT PROGRAMME

Working in small groups, these sessions cover different topics relative to goalkeeping, working in-depth with each individual, all players will receive ongoing feedback and tailored plans for them to work to.



LITTLE LIONESSES

A fun and engaging football session for girls of all abilities. The main focus of this session is for young people to come and play football for fun and with no pressure.



GIRLS PLAYER DEVELOPMENT

Ideal for girls currently playing in a team looking to improve their game with extra training and advanced drills.



1 - 1 SESSIONS

Come and work with a coach one to one and work on specific areas of your game that you want to improve on.

HOW OUR EXPERT FOOTBALL SESSIONS WORK

We follow a 6 week rotation process, to keep it simple and to cover all of the basic skills required to play football:

- Ball Striking & Manipulation
- Passing & Ball Striking
- Dribbling
- Defending
- Shooting
- Games

BOOK NOW!

adv4ncegroup.co.uk



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