

The Positives Post

Edition 1
September 2024



Rocket News!

Hello, we are the catering provider at your child's school and we thought we would give you a brief introduction to information about Midshire Signature Services. We are an independent contract caterer providing specialist catering, cleaning and support services, throughout the North West. Midshire Signature Services is a family run business and owned by husband and wife, Phil and Sue Bradwell.

FOOD OFFER:

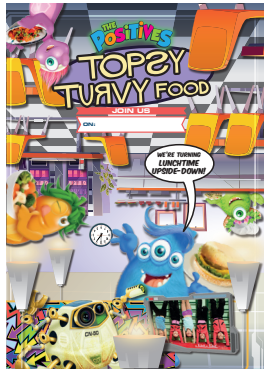
In our schools, we will run a three week seasonal menu cycle providing an exciting and enticing range of meals and snacks to suit all dietary requirements. We will be launching a new three week menu cycle after October half term, details to follow soon. We are a fresh food company, cooking meals from fresh ingredients and offering great value for money. Should you have any questions please contact the school who can in turn request information from Midshire, or visit our website: www.midshires.co.uk

Upcoming dates for your diary Midshire Promotions

September

Topsy Turvy

Ax's Mission



October

Halloween

CN-50's Mission

Census Day



November

Bonfire Night

Sabe's Mission

Children in Need



December

Taste of
Christmas

Holden's
Mission



Introducing: The Positives



Meet Your Earthlings!



I'm Anthony and I am the Executive Development Chef here at Midshire. I create fun, delicious, and nutritious meals for your little ones. We roll with the seasons and make sure our menus reflect that. Look out for the new menu after October half term!



@MidshireSS_1



@MidshireSS_1



Midshire Signature Services



Autumnal Recipe



Pumpkin Muffins

Ingredients:

- 225g plain flour
- 2 tsp baking powder
- 1 tbsp ground cinnamon
- 100g caster sugar
- 50g soft light brown sugar
- 200g pumpkin puree
- 2 large eggs
- 125g slightly slated butter, melted



Method:

Heat the oven to 200C. Line a 12 hole muffin tin with muffin cases. Mix the dry ingredients together in a large bowl.

Whisk the puree and eggs together in a jug, then add to the dry ingredients with the melted butter. Whisk until combined.

Scoop into the cases and bake for 15 minutes until golden and risen. If a skewer inserted comes out clean, they are cooked. Lift onto a wire rack to cool completely.

Fun Food Fact

Did you know...



The word 'pumpkin' originated in Greece and means 'big melon'!

Tips and Tricks

Why not try adding chocolate chips, cranberries and sultanas to half of the mixture. You can even sprinkle them with cinnamon sugar and crumbled pecans.
YUM!

Pupil Competition

This year we are asking our lovely primary pupils to design a Christmas Card.

The winning design will then be printed and sent to our teams within Midshire Signature Services.

Your designs can include anything you feel is festive, whether that be Santa himself, Rudolph or a giant Christmas tree!

Our winners will also receive a special gift and a pack of cards with their own design to share with their family and friends.

Please submit your festive designs to the school kitchen by Friday 29th November.

Winners will be announced on National Christmas Card Day (Monday 9th December)

Meet Your Judges!



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